

SOLON RECREATION SPRING LEARN TO SWIM REGISTRATION

BEGINS

SATURDAY, FEBRUARY 8 AT 9:00AM

ONLINE OR AT THE COMMUNITY CENTER FRONT DESK

SWIM LESSONS ARE ONLY OPEN TO SOLON / GLENWILLOW RESIDENTS

FEES:	Solon Residents	6 Lessons \$30
	Glenwillow Residents	6 Lessons \$35

YOU MUST HAVE AN ACCOUNT SET-UP ON MAXGALAXY TO REGISTER. IF YOU HAVE NOT SET-UP AN ACCOUNT, GO TO solonrec.maxgalaxy.net

BE SURE TO LIST YOUR CHILDREN YOU WILL BE REGISTERING FOR SWIM LESSONS

Learn to Swim Levels / Skills included in level (this is not a complete list of skills)

Learn-to-Swim Level 1: Introduction to Water Skills	Enter / exit pool, blow bubbles, put face in water, front and back float	Must be 4 years of age
Learn-to-Swim Level 2: Fundamental Aquatic Skills	Floating independently, begin a swimming stroke using arms and legs, jumping in	Must be 4 years of age and have completed level 1
Learn-to-Swim Level 3: Stroke Development	Front crawl, elementary backstroke, rotary breathing, treading water, survival floating	Must be 5 years of age and have completed level 2
Learn-to-Swim Level 4: Stroke Improvement	Become proficient in front crawl, backstroke, breaststroke, butterfly	Must have completed level 3
Learn-to-Swim Level 5: Stroke Refinement	Refine all six strokes, diving, flip turns	Must have completed level 4
Parent / Child: 6 months – 3 years of age	Water exploration and swimming readiness skills	Parent must be with child in the water. If child is not toilet trained, swim diapers are required.

****** CLASSES ARE NOT HELD ON THE SOLON SCHOOLS' SCHEDULED VACATION OR INSERVICE DAYS**

****** THE SCHEDULE DOES NOT ALLOW FOR MAKE-UP CLASSES**

**** Goggles are permitted during lessons for Level 2 and up. No mask covering the nose is permitted.

SPRING Learn to Swim 2020

Registration begins on Saturday, FEBRUARY 8 AT 9:00AM

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Session 1: Monday & Wednesday	FEB. 24 – MAR. 11	6 LESSONS
4:30 pm	1,2,3	
5:10 pm	2,3,5	
5:50 pm	1,2,3,4	

Session 2: Tuesday & Thursday	FEB. 25 – MAR. 12	6 LESSONS
4:30 pm	1,2,3,4	
5:10 pm	1,2,3,4	
5:50 pm	1,2,3,4	

Session 3: Monday & Wednesday	MAR. 30 - APR. 20	6 LESSONS
4:30 pm	1,2,3	
5:10 pm	2,3,5	
5:50 pm	1,2,3,4	
	NO CLASS APR. 13	

Session 4: Tuesday & Thursday	MAR. 31 - APR. 16	6 LESSONS
4:30 pm	1,2,3,4	
5:10 pm	1,2,3,4	
5:50 pm	1,2,3,4	

Session 6: Saturdays	FEB. 29 – APR. 25	6 LESSONS
9:00 am	4, 5, Adults (18 & over), Teens	NO CLASS MAR. 21, 28 & APR. 11
9:40 am	2,3,4	
10:20 am	PC,1,2	
11:00am	PC,1,2,3	