

# BLUE RIBBON

The mission of the Solon Blue Ribbon Adapted Recreation Program is to provide high quality community based recreation and leisure activities for persons with developmental disabilities, enabling each to enhance his or her personal potential by sharing in the emotional, social, and physical benefits fostered by such community based activities.

Blue Ribbon programs are open to non-Solon residents as well as residents. Register at the Solon Community Center between 6:00 a.m. and 7:00 p.m. (weekdays) and 8:00 a.m. and 5:30 p.m. (weekends) at 35000 Portz Parkway, Solon, OH 44139, or a mail in registration form can be found at the website: [www.solonohio.org](http://www.solonohio.org). Click on Community Life (bike icon) on the home page, then "Recreation" on the left of screen, then "Blue Ribbon Programming". Please allow enough time prior to registration deadline for mail in registration. For more information, contact Linda Creviston at 440-337-1427 or [lcreviston@solonohio.org](mailto:lcreviston@solonohio.org).

In order to obtain the most up to date programming information, it is highly recommended to subscribe to our "Notify Me" email list(s). Just go to the [www.solonohio.org](http://www.solonohio.org) website, click on "Notify Me" (envelope logo) on the left of the home page, and follow the directions to subscribe to Blue Ribbon Recreation Participants and/or Blue Ribbon Recreation Volunteers.

## Activities

### Karaoke & Dinner

AGES 14 AND OVER

Come sing, dance, eat and be merry. Our amazing DJ, Denise Formica, will be serving up the best music jams anywhere and we'll experience the awesome talents of our karaoke singers. A full dinner will be served.

DAY	DATE	TIME	FEE
Fri	11/18	6:30 - 9 pm	\$10
Fri	2/3	6:30 - 9 pm	\$10

LOCATION: Solon Community Center Banquet Room, 35000 Portz Parkway, Solon

REGISTRATION: Through 11/4 & 1/20

LIMIT: Maximum 150

### Cinema Cruisers

AGES 14 AND OVER

Let's catch a movie with your friends. We will let you know which movie we'll be seeing on 11/22 & 3/7. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	11/26	Afternoon TBD	\$4
Sat	3/11	Afternoon TBD	

Bring along money for the movie and concessions.

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 11/11 & 2/24

LIMIT: Minimum 6 / Maximum 11

### Serendipity Dance presents Dance Movement Classes

AGES 7 AND OVER

Do you like to move to music? Here is a great way to get exercise while having fun. You can learn a variety of movements, including line dances.

Check out our website to view the amazing benefits of dance.

([www.serendipitydancemovement.com](http://www.serendipitydancemovement.com)).

We gear our classes to the abilities of the participants. Come try us out!! Siblings are welcome to register also.

**SESSION DAY DATE TIME**

Session III Sat 12/3-1/21 12:30 - 1:15

Session IV Sat 2/4- 3/11 12:30 - 1:15

FEE: \$60 per session

NO CLASS: 12/24, 12/31

DAILY DROP IN FEE: \$12

LOCATION: Solon Community Center Upstairs Aerobics Room

REGISTRATION: Through 11/18 & 1/20

LIMIT: Minimum 5 / Maximum 15

### Visit Castle Noel

AGES 14 AND OVER

Step into a fantasy world at "America's Largest Year Round Indoor Christmas Entertainment Attraction". Attractions include movie props and costumes from your favorite Christmas movies, animated New York City Christmas store windows, the Blizzard Vortex, Santa's Chimney Squeeze, a 25' tall animated Christmas tree and you can take a ride down a slide (just like Ralphie in A Christmas Story). We'll then have lunch at Dan's Dog, A Hot Dog Eatery ([www.eatdandogs.com](http://www.eatdandogs.com)) Transportation is provided.

DAY	DATE	TIME	FEE
Sun	12/4	9:45 - 2:30 pm	\$19

Bring along cash/credit for lunch & gratuity/souvenirs.

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 11/18

LIMIT: Minimum 6 / Maximum 11

[www.castlenoel.com](http://www.castlenoel.com)

Like us at



[www.facebook.com/solonblueribbon](http://www.facebook.com/solonblueribbon)



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## Holiday Party

AGES 14 AND OVER

Celebrate the holidays at our Blue Ribbon Holiday Extravaganza. The outrageously awesome and truly sensational Conklin Brothers Band will perform for your entertainment and dancing enjoyment. A full dinner will be served.

DAY	DATE	TIME	FEE
Fri	12/16	6:30 - 8:30 pm	\$12

LOCATION: Solon Community Center Banquet Room

REGISTRATION: Through 12/2

LIMIT: Minimum 50 / Maximum 150

## The World of Books

AGES 15 AND OVER

Join Dr. Lisa Audet for an opportunity to enjoy shared readings, story writings, and the world of books. Everyone participates and has the opportunity to expand their enjoyment of books in hand, on CD's and to create original stories in conversation. Participants engage in the field of speech, language and behavior. Dr. Audet is an Assistant Professor of Speech Pathology at Kent State University and is the owner of Communication & Learning Consultation Services. Participants should bring favorite books in any media format. Other materials will be provided.

SESSION DAY DATE TIME

Session III Mon 1/9-2/13 3:30-5 pm

Session IV Mon 2/20-4/3 3:30-5 pm

NO CLASS: 3/27

FEE: \$78 (each session)

LOCATION: Solon Community Center meeting room

REGISTRATION: Through 12/30 & 2/10

LIMIT: Maximum 10

## Create Holiday Ornaments

AGES 14 AND OVER

Whether you celebrate Kwanzaa, Hanukkah, or Christmas this holiday season, we'll have the materials for you to create your own take home ornament(s).

DAY	DATE	TIME	FEE
Tues	12/20	6:30 - 8:00 pm	\$6

LOCATION: Solon Community Center Youth Lounge

REGISTRATION: Through 12/9

LIMIT: Minimum 4 / Maximum 10

## Movie Night

AGES 14 AND OVER

Join us for a popular movie showing, guaranteed to please. Popcorn and drinks will be served.

DAY	DATE	TIME	FEE
Fri	1/6	6:30 - 8:30 pm	\$5

LOCATION: Solon Community Center Banquet Room

REGISTRATION: Through 12/30

LIMIT: Minimum 12 / Maximum 40



## Noon Year's Eve Party at the Zoo

AGES 14 AND OVER

Celebrate the arrival of 2017, during daylight hours, at the Cleveland Metroparks Zoo. There will be many activities, including making New Year's reZOOlutions, an eco-friendly craft, music, dancing, an ice carving demonstration and much more.

The celebration culminates at the stroke of noon with a traditional ball drop to welcome 2017. We'll have a late lunch at Chipotle's on the way home. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	12/31	10:30 - 3:30 pm	\$7

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 12/16

LIMIT: Minimum 6 / Maximum 11

## Reading Is For Everyone!

Join Dr. Lisa Audet for this upbeat, interactive reading/social group for young adults who are currently non-readers but who enjoy books, stories, or being read to. Age relevant and classic picture story books will be used to support reading skill strategies. Acting out stories with props/puppets will encourage interaction and understanding of stories. Participants will have the chance to use multi-media as part of their story re-enacting. This group is designed for participants who are able to follow directions with support but have limited social skills. Speech skills can vary. Non-verbal individuals who use devices or adaptive strategies to communicate will also benefit.

SESSION DAY DATE TIME

Session III Mon 1/9-2/13 5:30-6:30 pm

Session IV Mon 2/20-4/3 5:30-6:30 pm

NO CLASS: 3/27

FEE: \$78 (each session)

LOCATION: Solon Community Center conference room

REGISTRATION: Through 12/30 & 2/10

LIMIT: Minimum 3 / Maximum 5

# BLUE RIBBON

## YogaReach Embrace Abilities: Exercise & Socialize

### AGES 13 AND OVER

If you love to promote ability development, our YogaReach ([yoga-reach.org](http://yoga-reach.org)) Embrace Abilities Class is for you! We teach an integrated system of adaptive poses, breath work, daily function skills, movement exercises, meditation practices, and facilitate ongoing discussions. We empower our students to focus on what they can achieve and reinforce an optimistic approach. Our instruction encourages participants to strengthen skills, gain new abilities, meet new friends and have fun! Wear comfortable clothes. Mats provided. Instructors: YogaReach team members.

SESSION	DAY	DATE	TIME
Session III	Mon	1/9-2/13	6:30-7:30pm
Session IV	Mon	2/20-3/27	6:30-7:30pm

FEE: \$64 per session

DAILY DROP IN FEE: \$12

LOCATION: Solon Community Center meeting room

REGISTRATION: Through 12/30 & 2/10

LIMIT: Minimum 8

## Breakfast Out/Winter Walk

### AGES 14 AND OVER

Want a chance to truly enjoy and not avoid our beautiful winter season?! We'll begin by enjoying breakfast/brunch/lunch at Megan's Family Restaurant in Bedford, followed by a short half mile walk in Viaduct Park, Cleveland Metroparks Bedford Reservation. Maybe we'll get to see an iced over Tinkers Creek Falls. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	1/14	12:15 - 3:15 pm	\$4

Bring along cash/credit for your meal & gratuity

RAIN DATE: Sunday 1/15

LOCATION: Meet at the Solon Community Center Lobby

REGISTRATION: Through 12/30

LIMIT: Minimum 6 / Maximum 8

## Garfield Historical Sites

### AGES 14 AND OVER

Tour the home and grounds (a National Historic Site) of our 20th President, James A. Garfield. It will take you back in time to the 1880's, the height of the Victorian era. On our return to Solon, we will stop at the birthplace of President Garfield, where a guide will explain his early life in a log cabin. The entrance fee to the Historic Site will be free, but a waiver form must be signed and documentation of disability must be provided upon arrival. Transportation is provided.

DAY	DATE	TIME	FEE
Sun	1/22	12:30 - 4:45 pm	\$4

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 1/6

LIMIT: Minimum 6 / Maximum 11

## Sleigh Ride

### AGES 14 OVER

Have you ever felt like dashing through the snow in a one horse open sleigh?! Well, now's your chance. We'll travel through the woods and out in the fields of Burton and then back to the cabin for a warm fire, homemade cookies, hot chocolate and maple coffee. We'll have a carriage ride, should there be no snow. [www.maandpas.com](http://www.maandpas.com). Transportation is provided

DAY	DATE	TIME	FEE
Sun	1/29	1:15 - 4:00 pm	\$24

Bring along spending money if you choose to make a purchase at the gift shop.

LOCATION: Meet at the Solon Community Center Lobby

REGISTRATION: Through 1/13

LIMIT: Minimum 6 / Maximum 6



## Cookin' Cupcakes

### AGES 14 AND OVER

We'll bake up a variety of different flavored cupcakes. The icing on the cupcake will be that you can decorate them any way that you want. You will be able to take your creations home to share.

DAY	DATE	TIME
Tues	1/17 & 1/24	6:30 - 7:30 pm

FEE: \$12

LOCATION: Solon Community Center Kitchen

REGISTRATION: Through 1/6

LIMIT: Minimum 4 / Maximum 8

## Bakin' Brownies

### AGES 14 AND OVER

There's nothing like bakin' up batches of brownies, with an assortment of many different taste tempting flavor combinations. You will take your brownie creations home with you.....that is, what you haven't already eaten in the making.

DAY	DATE	TIME
Tues	2/14 & 2/21	6:30 - 7:30 pm

FEE: \$12

LOCATION: Solon Community Center Kitchen

REGISTRATION: Through 2/3

LIMIT: Minimum 4 / Maximum 8

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## Hands On Pottery

AGES: 14 AND OVER

As a guest of Hands on Pottery Studio ([www.handsonpottery.com](http://www.handsonpottery.com)), you will discover over 150 shapes of pottery to choose from (ie. bowls, mugs, tiles, plates, boxes, and more). You will pick the piece of pottery that you want, plan your design and paint your piece. Your piece will then be glazed, fired and ready for pick up at the Community Center in 6 days. Transportation is provided.

DAY	DATE	TIME	FEE
Sun	2/12	1:30 - 4:30 pm	\$6

Bring along cash/credit to pay for your project. Most pieces range between \$15 - \$30

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 1/27

LIMIT: Minimum 4 / Maximum 10



## Western Reserve Fire Museum

AGES 14 AND OVER

Visit this Cleveland City Landmark, formerly Cleveland Fire Station # 28 and the Fire Alarm Office and Dispatch Center. We will witness exhibits focused on preserving historically significant fire-related material, educating the public about fire safety, fire prevention and the history of the fire service of Northeast Ohio. On the way back we'll stop off at (of course) Firehouse Subs. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	2/18	12:30 - 4:30 pm	\$9

Bring along cash/credit for your meal.

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 2/3

LIMIT: Minimum 6 / Maximum 11

## Fun Fest

ALL AGES

Join us for the 14th annual FUN FEST for individuals with special needs, their families and caregivers. The St. Patrick's Day themed fun will be at the Solon Community Center.

There will be music – dancing – bingo – art – basketball – and MUCH MORE!!!

DAY	DATE	TIME	FEE
Sat	3/4	6:30 - 9:00 pm	\$3 in advance, \$5 at the door

\*caregivers and family members must have a ticket for entry



## Solon High School Boys Varsity Basketball

AGES 14 AND OVER

Come join in the excitement as Solon competes against Elyria at home court. Transportation is provided.

DAY	DATE	TIME	FEE
Fri	2/24	7:00 - 9:15 pm	\$4

Bring along cash if you wish to purchase refreshments/souvenirs

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 2/10

LIMIT: Minimum 6 / Maximum 11

## Weight Training Class

AGES 14 AND OVER

Jillian Ricca, Exercise Specialist at University Hospitals and long-time worker with Blue Ribbon is providing instruction/assistance in developing a safe, productive and individualized program, utilizing exercise machines and exercising with/without small free weights.

DAYS	DATE	TIME
Tue & Thurs	3/7 - 3/30	7:00 - 7:45 pm

FEE: \$12

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 2/24

Minimum 2 / Maximum 4

## Miss Molly's Tea Room

and Gift Shop ([www.missmollys.net](http://www.missmollys.net))

AGES 16 AND OVER

Savor the experience as we share a unique and delicious luncheon, which could include your choice of teas from around the world. We will dine in a lavishly decorated Victorian Tea Room and receive the best of service, taking us back to a gentler, more relaxing period of time. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	3/18	12:45 - 4:00 pm	\$4

Bring along cash/credit for your luncheon & gratuity (Range=\$15 - \$25) / gift shop purchase.

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 3/3

LIMIT: Minimum 6 / Maximum 11

## Hiking and Cooking

(What a Combination)!

AGES 14 AND OVER

With the guidance of a naturalist from Cleveland Metroparks, we will do a little hiking to witness the beauty of North Chagrin Reservation, along with an opportunity to make some outdoor treats to eat. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	3/25	1:00 - 3:30 pm	\$10

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 3/10

LIMIT: Minimum 6 / Maximum 11